BULLYING/HARASSMENT VIOLATIONS MAY INCLUDE:

THE THREE (3) TYPES OF BULLYING BEHAVIORS:

- Physical Bullying: harm to another’s body or property
- Emotional Bullying: harm to another’s self-worth
- Social Bullying: harm to another’s group acceptance

BULLYING/HARASSMENT VIOLATIONS MAY INCLUDE:

- Calling names or making fun of a person.
- Pinching, pushing, or shoving a person.
- Taking things away from a person without consent.
- Damaging a person’s belongings.
- Stealing from a person.
- Spreading rumors about a person.
- Saying or writing things about a person.
- Making a person feel uncomfortable or small.
- Excluding a person from activities.
- Making a person feel targeted or excluded.
- Using social media to share photographs without consent or engage in any of the above named behaviors.

**HOW TO FILE A COMPLAINT:** If a student is being bullied or harassed they should begin by telling the person who is harassing them to stop. The student then has the option to report the situation to an adult on campus. Students can also begin (or if it happens a second time), by informing a teacher, a school counselor, another adult on campus, or by telling a parent/guardian. If the harassment continues from the same individual, it is very important that the student informs a trusted adult that the attempts to make the behavior stop have failed and that stronger more serious action will be required.

If a student receives threatening communication (phone calls, emails, texts, social media posts, etc) the student should tell their parent/guardian or a trusted adult immediately. Students should save all communications to share with an adult. If a student sees someone else at school being bullied, they should find assistance and inform an adult about the concerns.